In Sheeps Clothing: Understanding and Dealing with Manipulative People by George K. Simon Jr.

Whether its your mate, your child, your boss, or a co-worker, if they know how to get the better of you and look good at the same time, you are being skillfully manipulated. To stop being a victim, you have to know how to spot these wolves in sheeps clothing. Using case studies, Dr. Simon reveals the tactics manipulators like to use and tells you how to respond to them.

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This is one of the best books that I have read on the subject of dealing with manipulative and controlling people. It categorizes and provides understanding to different types of manipulations and how to deal with them. I highly recommend it. I only wish there was a study guide to go with it.

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